



THE RAIN WORKERS

Let women rise!



View our 20-minute mini-documentary on our YouTube Channel showcasing THE RAIN WORKERS transformative trainings and their impact in Kenya: <https://www.youtube.com/watch?v=Ve1pjrKI3w>

What can you achieve from the training?

By integrating the RAIN WORKERS training into your work, you can foster enhanced knowledge, shift attitudes, and ultimately drive behavior change in FeMale empowerment, including:

- ✓ Informed decision-making
- ✓ Reducing teenage pregnancies
- ✓ Reducing harmful practices: Female Genital Mutilation, forced/child marriage
- ✓ Increasing use of modern contraceptives
- ✓ Enhanced perception of women's and children's rights
- ✓ Empowerment through the involvement of all genders

COOPERATION OFFERS & COSTS

Training cycle "Knowledge as a chance"

We offer an individual RAIN WORKER training and train your staff and volunteers with two qualified local trainers in several African countries (Kenya, Tanzania, Uganda, Ethiopia, South-Sudan, Zambia, Niger). Other countries we can offer according to demand. All trainers have been working as RAIN WORKERS before and therefore know the specific needs.

- ✓ Minimum number of participants: 10
- ✓ Requirement: both women and men take part
- ✓ Training fee including training materials: € 370,- per person
- ✓ Every additional person: € 200,-
- ✓ Transport, accommodation and catering for the trainers, workshop venue, lunch for participants: to be covered by the partner

Train-the-Trainer Online-Course

We offer a semi-annual online training program focusing on advanced knowledge with a strong emphasis on practical applications. Our training features experienced instructors from both the Global North and Global South, along with insights from existing RAIN WORKERS, creating an interactive learning experience.

- ✓ Online training via ZOOM, spanning six 4-hour sessions
- ✓ Language: English
- ✓ Groupe size: 10-15 participants
- ✓ Cost: € 320,- for individuals, € 450,- for organizations, including all training materials
- ✓ Annual opportunity: Three participants from a Global South NGO may apply for a stipend

You are interested in a training cycle by THE RAIN WORKERS?

We will be happy to design the training according to your needs!

Please contact Dr. Ines Kohl, Executive Director: ines@therainworkers.org



Certified RAIN WORKERS of WAJAMAMA, the First Holistic Health-Care-Center of Zanzibar.



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